

P.O. Box 909, Provincetown, MA 02657 | Tel: +1 (617) 943-5451 | 42° 2.956'N, 70° 11.307'W

Emergency or Life-Threatening Injury – Steps

- 1. Render assistance
- 2. Make contact with race committee for assistance on VHF#72
- 3. Call for Help & Emergency Medical Attention:
 - o Provincetown Police, Fire and Ambulance: (508) 487-1212
 - o Harbor Master: VHF#16 and/or VHF#12, (508) 487-7030
 - o Local US Coast Guard: VHF#16, (508) 487-0077
- 4. Monitor and administer first aid (there is an AED at the Harbor Master's office)
- 5. Put on a PFD and instruct everyone else to put on a PFD
- 6. Send someone to meet/direct emergency vehicles
- 7. Transfer injured to care of emergency team
- 8. Debrief and inform key people: Commodore, Race Committee, family of injured
- 9. Complete an incident report

Be prepared to tell 9-1-1:

- Current location of injured person
- **Description of boats** (if requesting on-water help)
- Where you plan to bring injured person ashore (see below)
- Age/gender/number of injured people
- Type of injury/situation
- Your name and call back number
- # of persons on board

Emergency Response Pick-Up Location: The float on the north side of the Transportation Dock, at MacMillan Pier, 42° 2.978'N, 70° 10.941'W



Commodore: Ron Robillard +1 (617) 943-5451 Race Committee: Ray Tobias +1 (828) 606-1090

Updated: 23 April 22